

Serotoninerški sistem

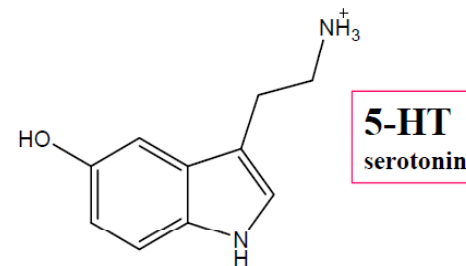
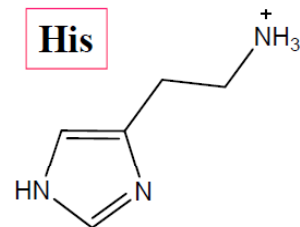
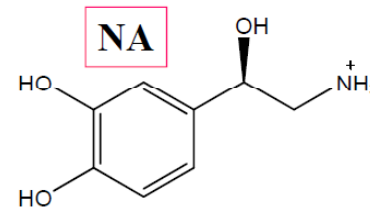
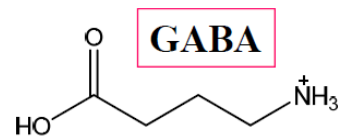
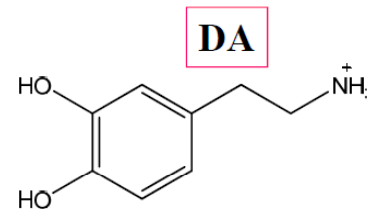
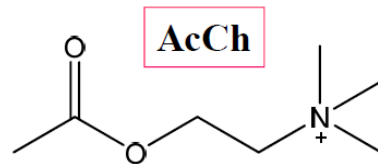
izr. prof. dr. Marko Anderluh

16. april 2013

- http://www.youtube.com/watch?v=fvPpAPII_Zyo
- <http://www.youtube.com/watch?v=X0gyqsPdWFE>

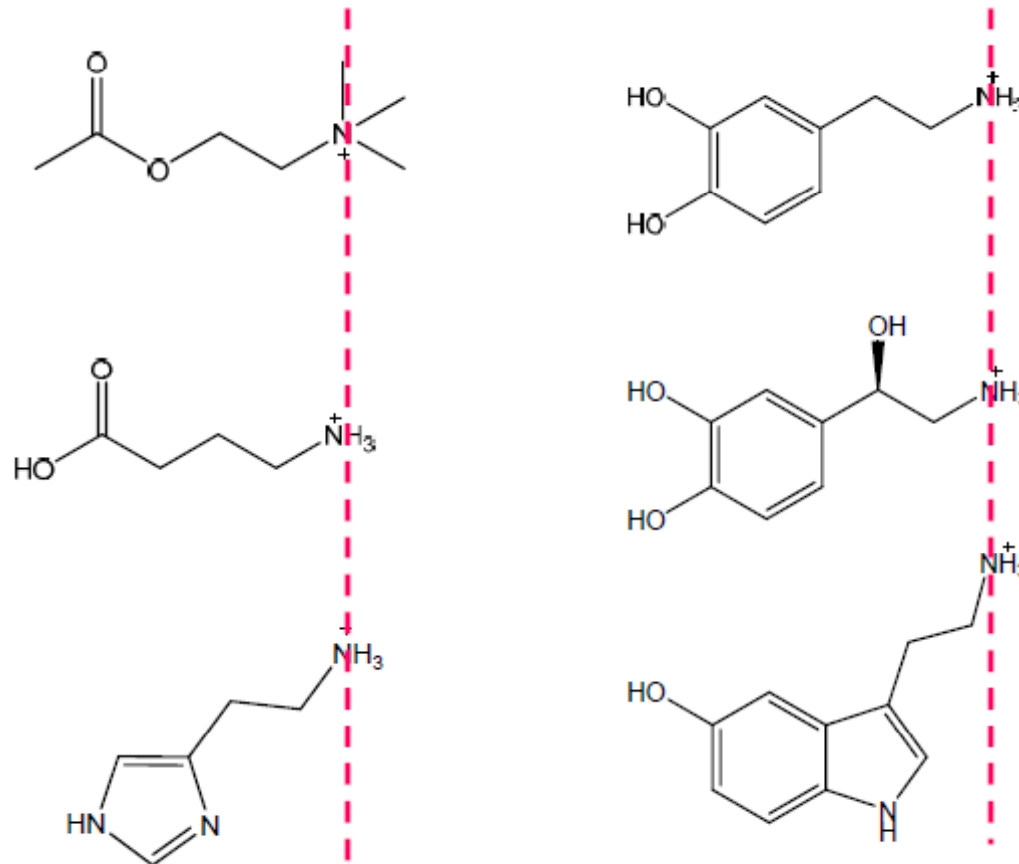
Serotonin = 5-hidroksitriptamin (5-HT)

- Kemizem prenašalcev



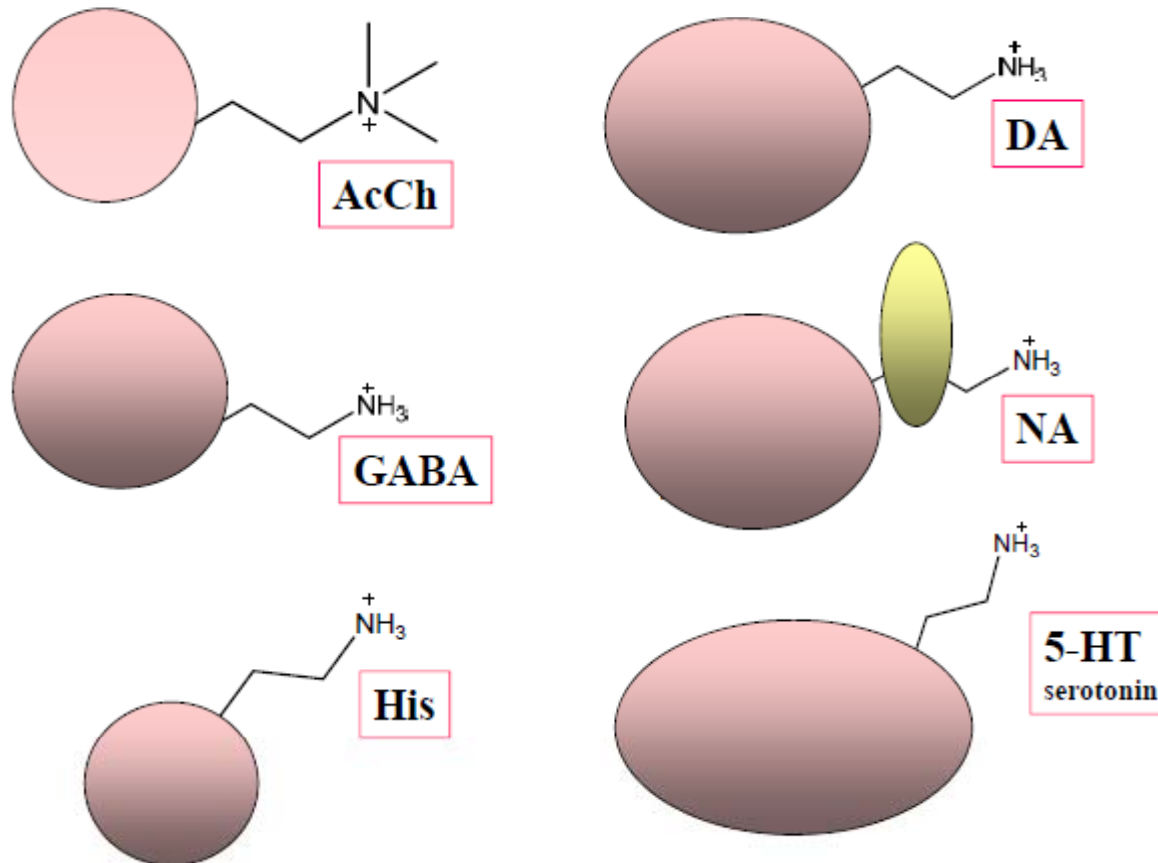
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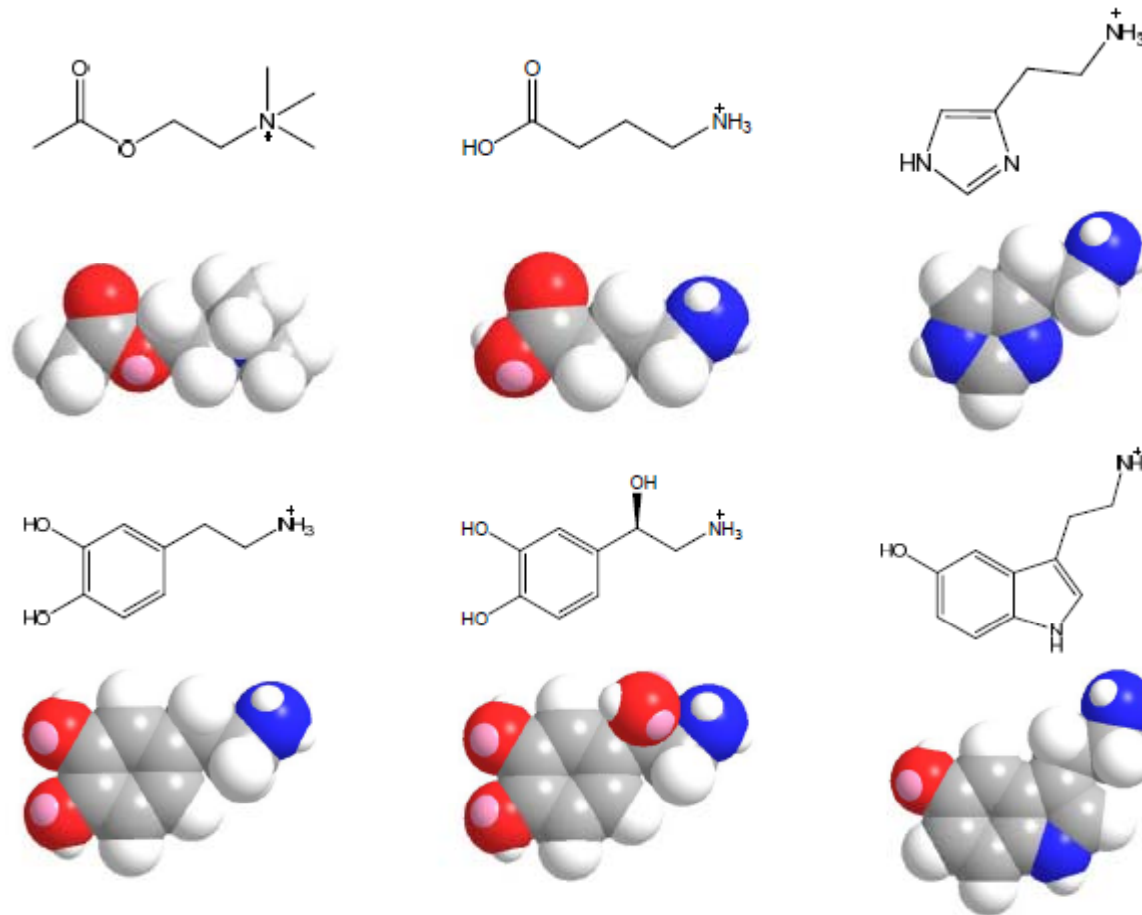
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Serotonin = 5-hidroksitriptamin (5-HT)

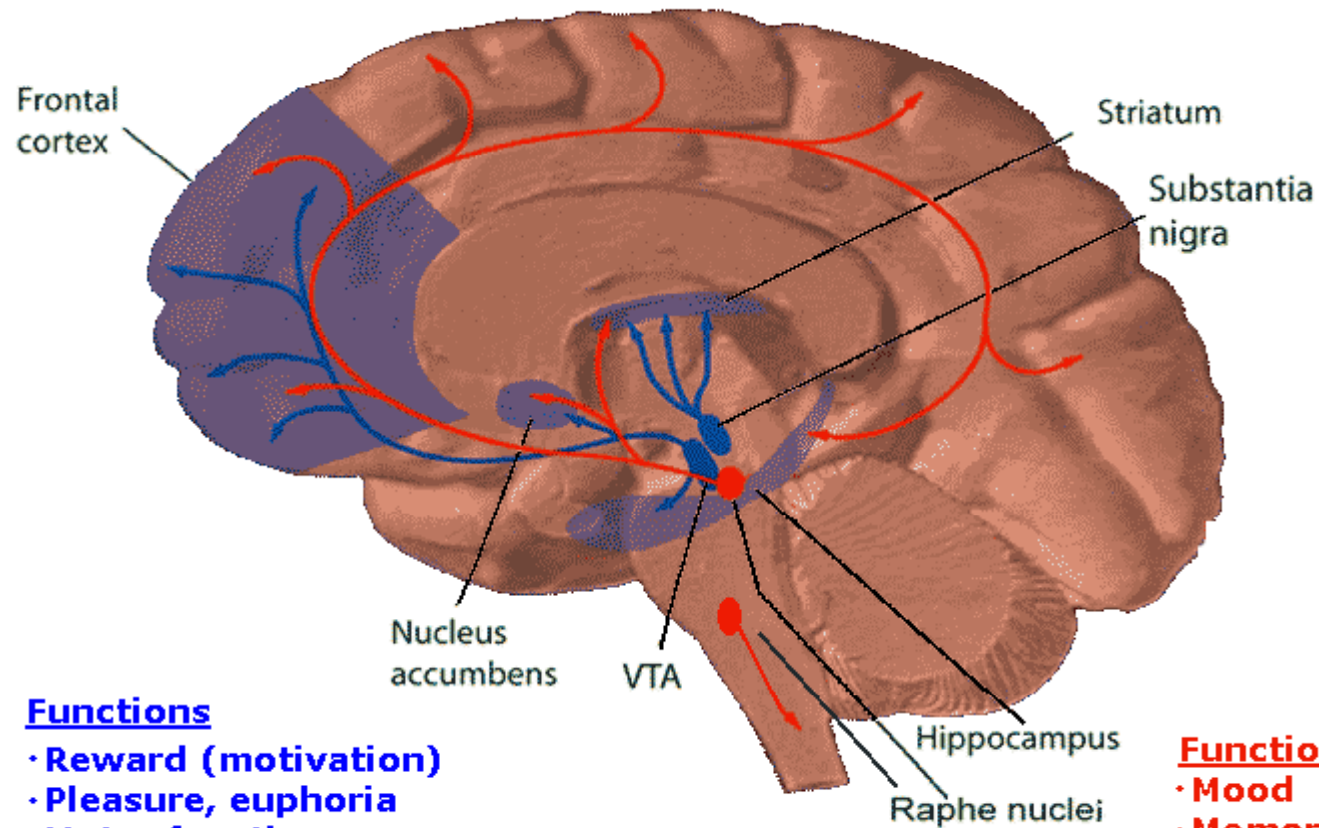
- Kemizem prenašalcev



Serotonin v CŽS

Dopamine Pathways

Serotonin Pathways



Functions

- Reward (motivation)
- Pleasure, euphoria
- Motor function (fine tuning)
- Compulsion
- Perseveration

Functions

- Mood
- Memory processing
- Sleep
- Cognition

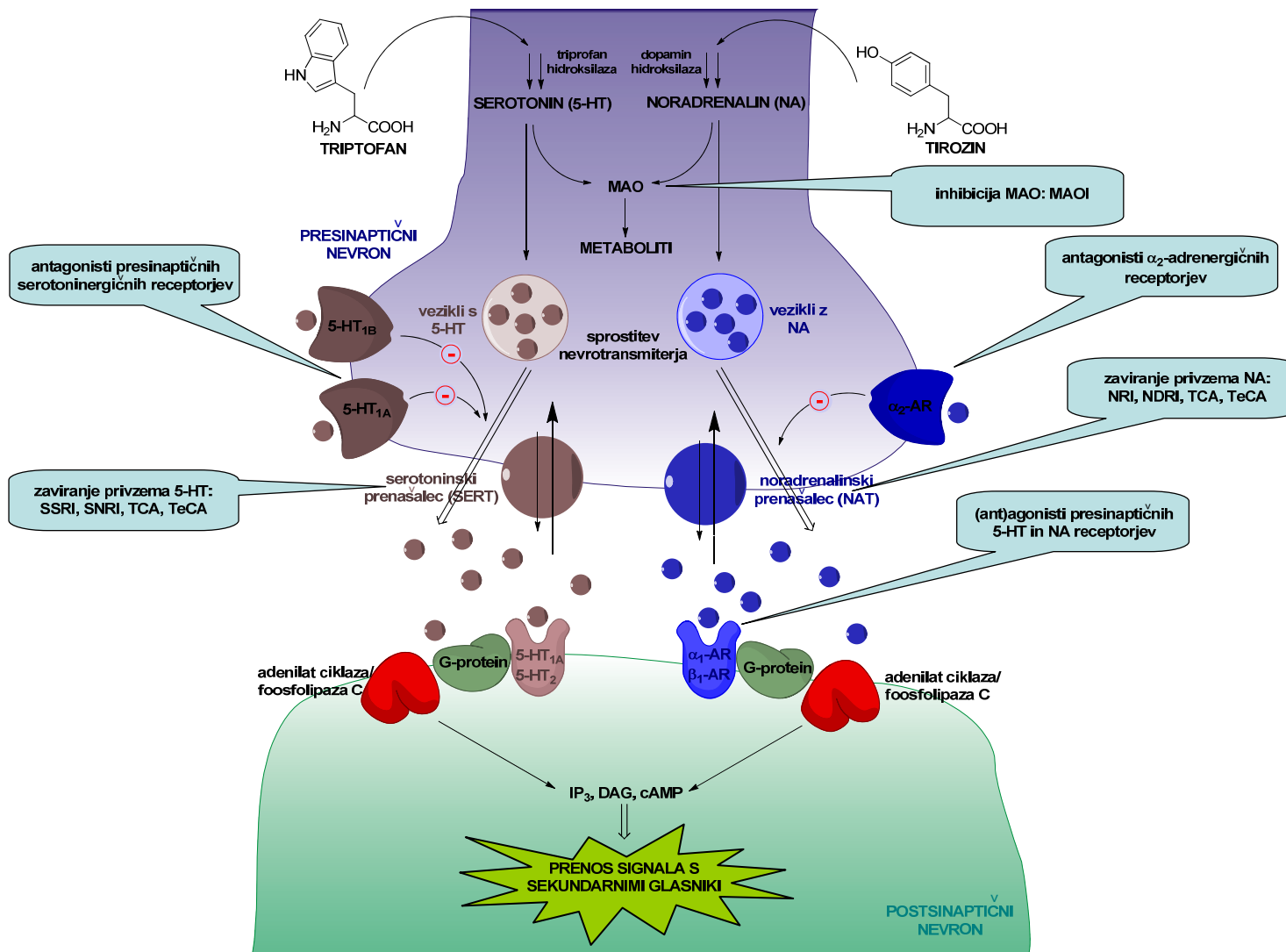
Funkcije 5-HT

- Je prenašalec v CŽS
- **5% v CŽS**
- **95% na periferiji (večinoma v GIT nekaj v trombocitih)**
- Je predstopnja za sintezo hormona melatonina: uravnavanje spanja/budnosti
- V GIT vpliva na aktivnost mišic
- Trombociti - 5-HT₂ receptorji - strjevanje krvi in vazokonstrikcija

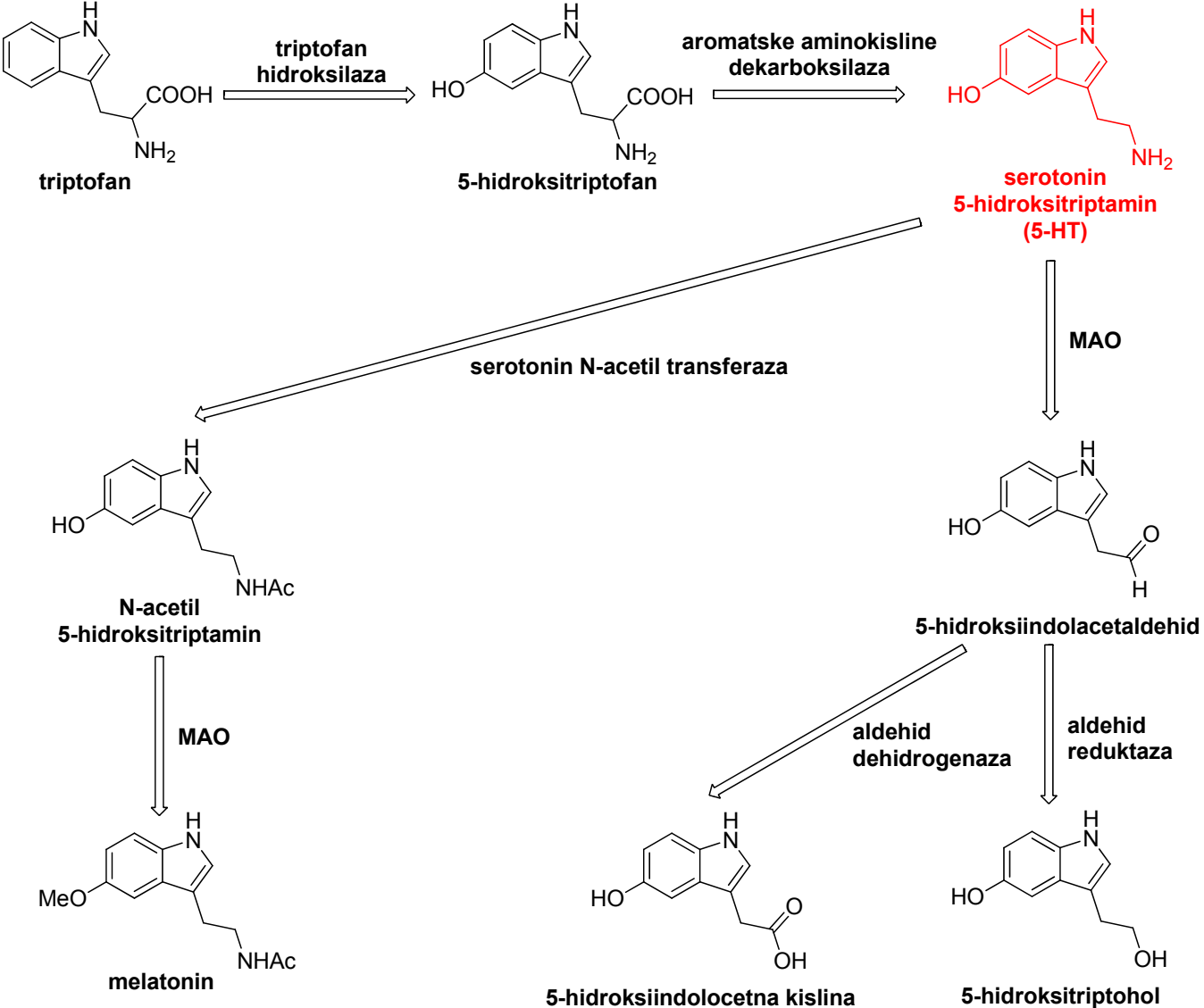
Funkcije 5-HT

- Respiratorni sistem: bronhokonstrikcija
- GIT - tanko črevo: velika občutljivost na 5-HT → močne ritmične kontrakcije.
- Stimulacija bruhanja (5-HT₃ receptorji)
- Kardiovaskularni sistem: različni neposredni in posredni učinki:
 1. Neposredna vasokonstrikcija (velike arterije) in posredna vazodilatacija preko NO and PGI₂
 2. Srce: neposredni inotropni in kronotropni učinki

5-HT kot prenašalec v sinapsi



Biosinteza 5-HT



5-HT receptorji

- Najmanj 19 receptorskih tipov, vsi metabotropni in postsinaptični razen:
- 5-HT_{1A,B,D} (avtoreceptorji)
- 5-HT₃ (inhibitorni, ionotropni)

5-HT receptorji

receptor	5-HT ₁	5-HT ₂	5-HT ₃	5-HT ₄	5-HT ₅	5-HT ₆	5-HT ₇
podtip	5HT _{1A} , 5HT _{1B} , 5HT _{1D} , 5HT _{1E} , 5HT _{1F}	5HT _{2A} , 5HT _{2B} , 5HT _{2C}	5HT _{3A} , 5HT _{3B}		5HT _{1A} , 5HT _{1B}		
mediator signalne poti	cAMP ↓	IP3 ↑	ionski kanal	cAMP ↑	cAMP?	cAMP ↑	cAMP ↑

Učinkovine v 5-HT sistemu

Pomen posameznih tipov receptorjev za 5-HT

- 5-HT_{1A}: pomembni pri anksioznosti in depresiji
- 5-HT_{1D}: pomembni pri migreni
- 5-HT₂: so v CŽS, vplivajo na obnašanje in kardiovaskularni sistem
- 5-HT₃: slabost in bruhanje, ki se pojavi pri kemoterapiji raka

Učinkovine v 5-HT sistemu

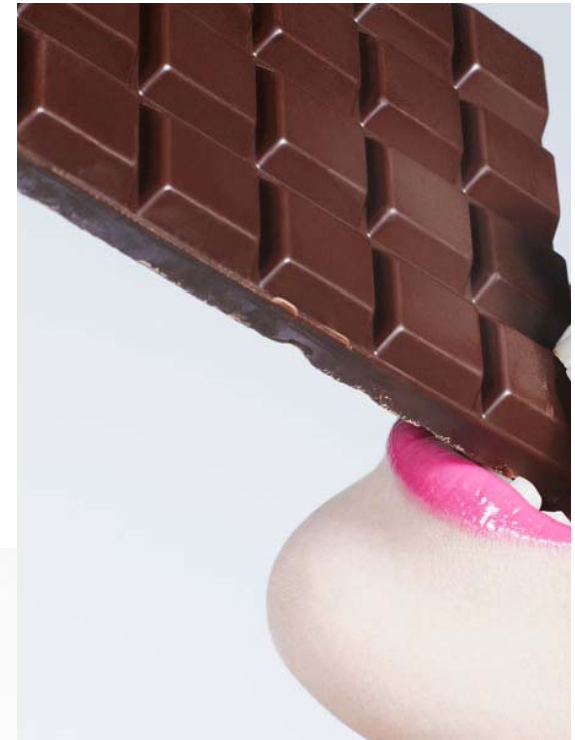
- 5-HT prekursorji: triptofan
- Zaviralci biosinteze: *p*-klorofenilalanin
inhibitor triptofan hidroksilaze
- Zaviralci razgradnje – MAO inhibitorji
(moklobemid, selegilin)
- Zaviralci hranjenja v veziklih; fenfluramin
- Zavralci ponovnega privzema -
antidepresivi

Učinkovine v 5-HT systému



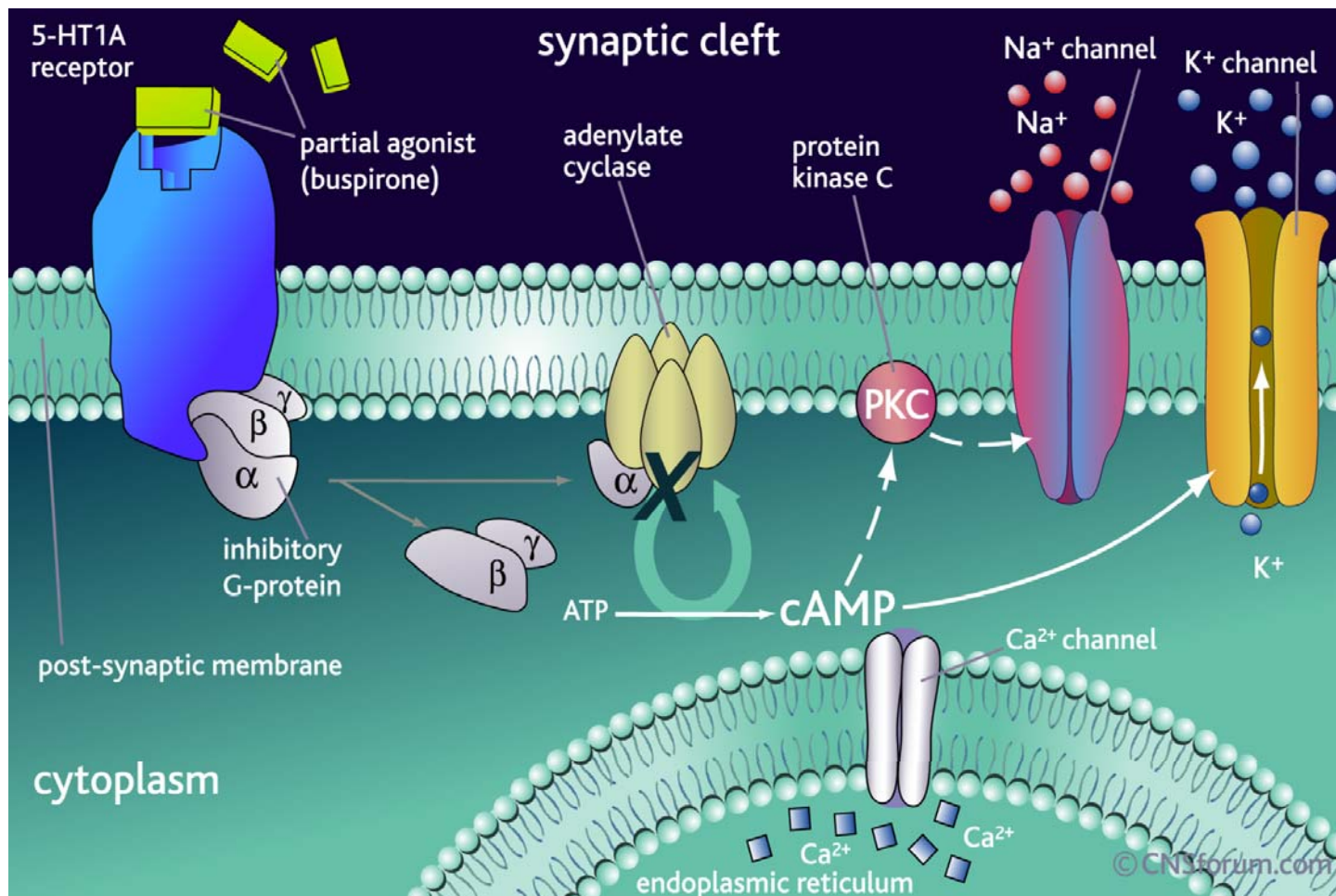
5-HT – hormon sreče?

- Hormon sreče?



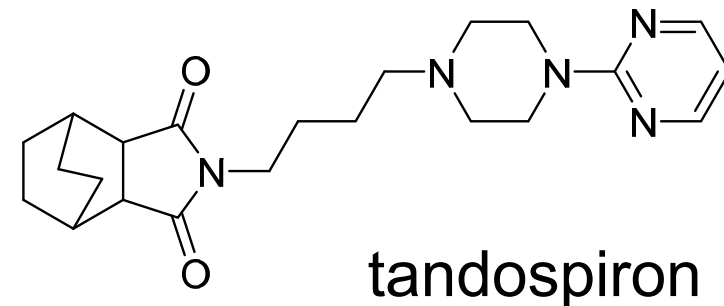
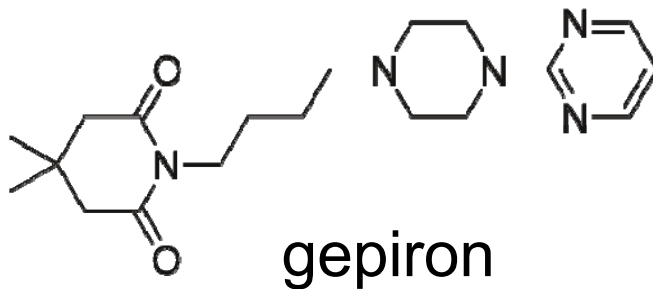
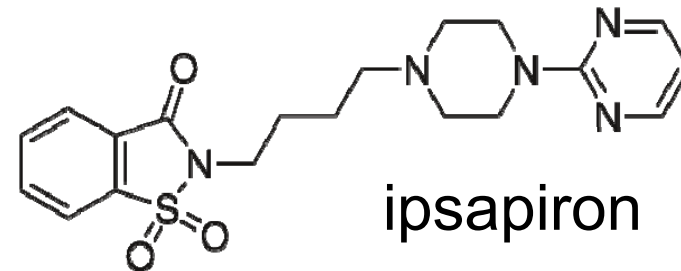
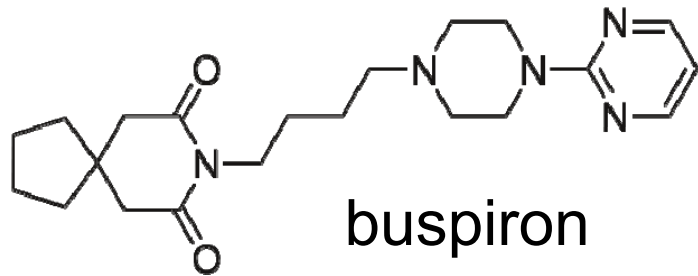
5-HT_{1A} delni agonisti

- Lokalizacija v CŽS
- Delovanje - 5-HT_{1A} pre- postsinaptični inhibitorni receptor!



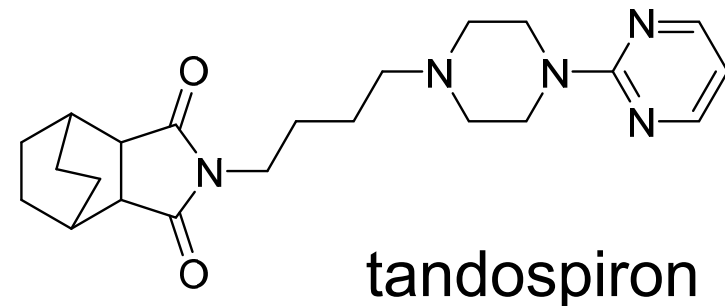
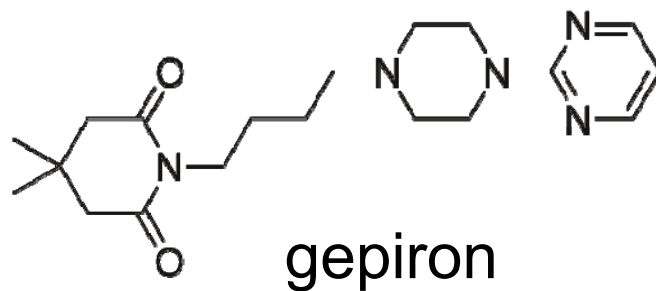
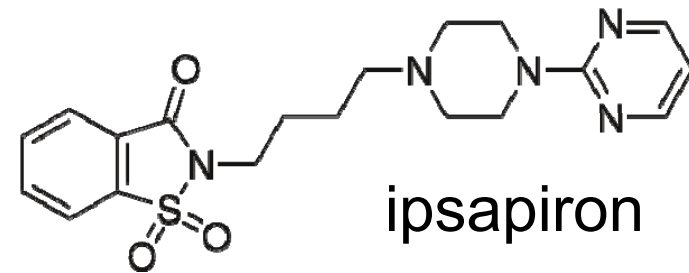
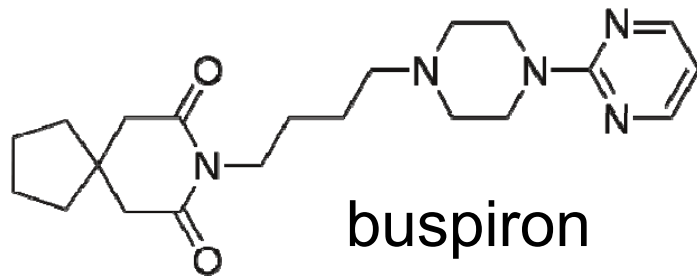
5-HT_{1A} delni agonisti

- terapija anksioznosti in depresije
- Tudi uravnavanje spolnosti, apetita
- arilpiperazinskega tipa (azapironi)



5-HT_{1A} delni agonisti

- Strukturna podobnost z butirofenoni?
- Delovanje na D₂ in α_1 receptorje
- Delovanje na 5-HT_{1A} ugodno pri terapiji shizofrenije

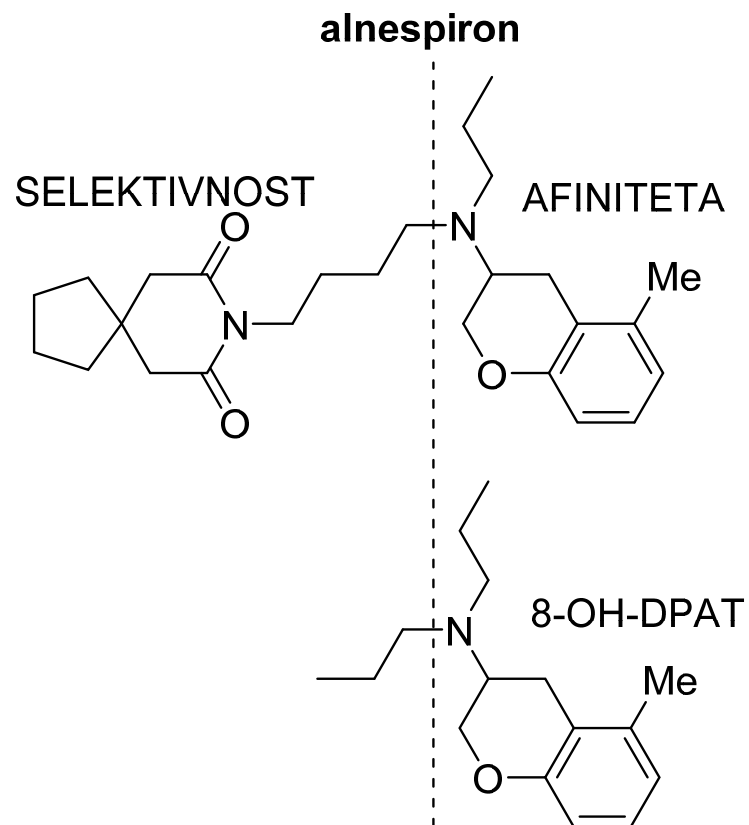


5-HT_{1A} delni agonisti

SAR arilpiperazinov

- Piperazin nujen, pirimidin ne (razni aromati)
- Tetrametilenski distančnik optimalen
- Imidna struktura

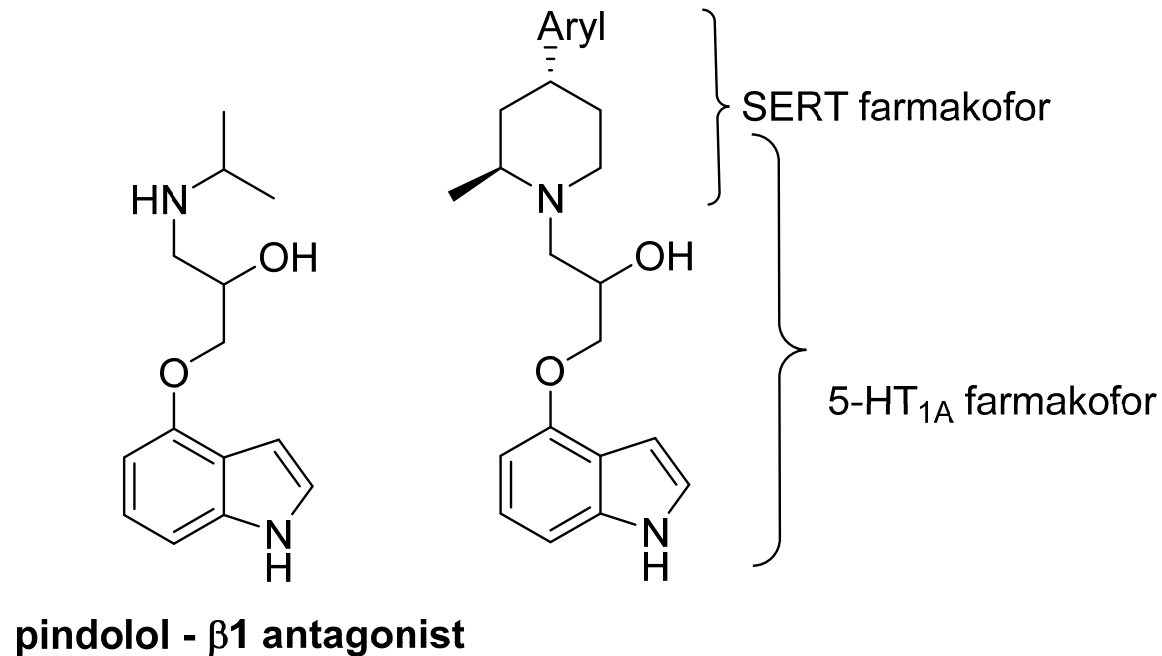
Primer **alnespiron**



5-HT_{1A} delni agonisti

Zanimivost – pindolol; 5-HT_{1A} antagonist

- skrajša začetek terapije s SSRI
- Kombinacija farmakofora?

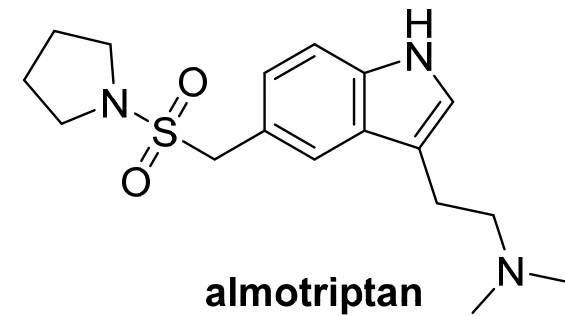
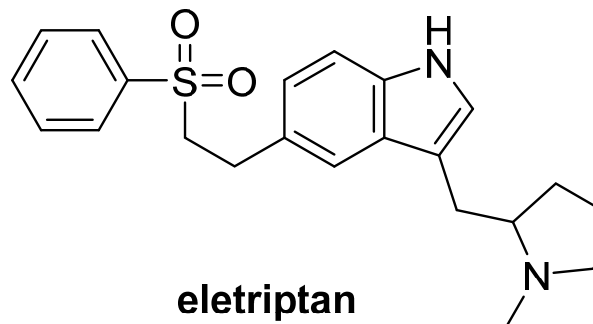
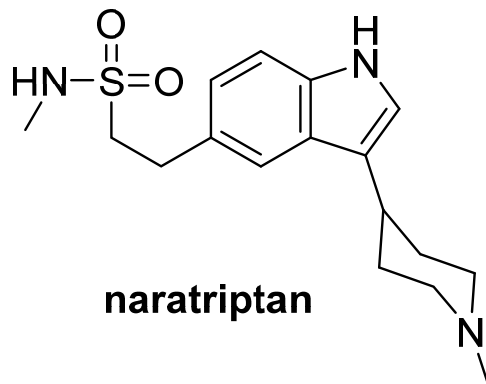
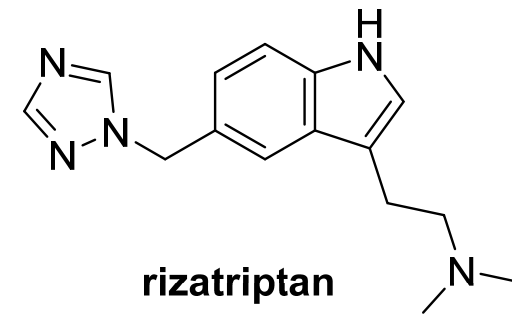
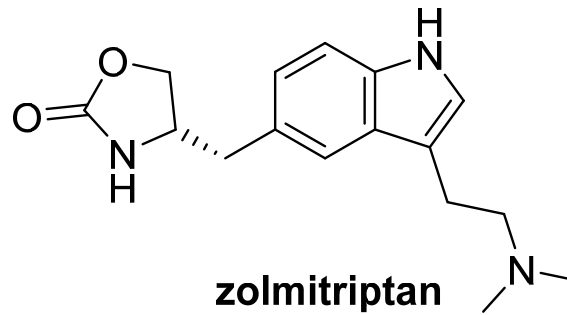
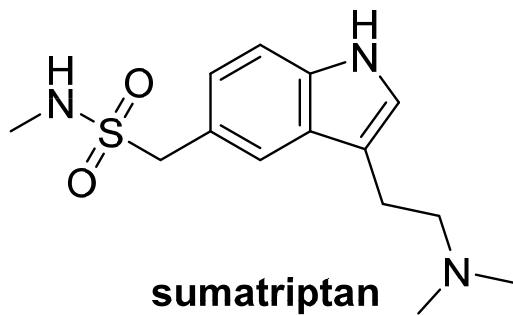


5-HT_{1D} agonisti

- Terapija migrene; agonisti 5-HT_{1D} agonisti cerebralnih žil – konstrikcija
- Ni delovanja v CŽS – ni prehoda HEB!
- Nevarnost – vazokonstrikcija koronark – kardiogeni šok

5-HT_{1D} agonisti

- triptani



5-HT_{1D} agonisti

SAR

- Indoletilaminsko jedro
- Mesto 5: akceptor H-vezi

5-HT_{1D} agonisti

Table 14.3. Pharmacokinetics of the 5-HT₁ Agonists (the Triptans)

Parameters	Sumatriptan	Zolmitriptan	Naratriptan	Rizatriptan	Almotriptan	Frovatriptan	Eletriptan
Trade name	Imitrex	Zomig	Amerge	Maxalt	Axert	Frova	Relpax
Log P (calc) ^a	0.7 ± 0.6	1.6 ± 0.4	1.4 ± 0.6	0.9 ± 0.6	1.9 ± 0.6	0.9 ± 0.4	3.1 ± 0.6
Log D (pH 7) (calc) ^a	-1.7	-0.8	-1.2	-1.4	-0.5	-2.1	0.18
Bioavailability (%)							
Oral	14-15 ^b	40-50 ^c	70 ^c Female: 75 Male: 60	40-50 ^b	70-80	20-30 ^b Female: ~30 Male: ~20	50 ^{cd}
Nasal	17	102	—	—	—	—	—
SQ (subcutaneous)	97	—	—	—	—	—	—
Protein binding (%)	14-20	25	28-30	14	35	15	85
Volume of distribution (L/kg)	50	PO: 7 Nasal: 4	170	110-140	180-200	3-4	20-2.5
Elimination half-life (h)	PO: 2.5 SC: 2.5	PO: 2-3 Nasal: 3-4	5-6	2.3	PO: 3-4 SC: 3-4	25	4-5 Elderly: 6
Major metabolites (%)	Indoleacetic acid Glucuronides Hepatic: 60%	N-demethyl (act): 4 Indoleacetate: 31	Hepatic: 50%	Indolacetate N-demethyl (act) 6-OH	Indolacetate GABA N-demethyl Hepatic: 60%	N-demethyl (act) N-Ac demethyl	N-demethyl (act)
Metabolizing enzymes	MAO-A	CYP3A4	CYP3A4 MAO-A	MAO-A CYP3A4	CYP3A4/ CYP2D6: 12% MAO-A: 27%	CYP1A2	CYP3A4
Excretion (%)	PO: Urine metab: ~60 Feces metab: ~40 Unchanged: 3-22	Urine metab: 60 Feces metab: 30 Unchanged: <10	Urine metab: 30 Feces metab: ~15	Urine metab: 80 Feces metab: 12 Unchanged: 14	Urine metab: 75 Feces metab: 10 Unchanged: 40-50	Urine metab: 10-30 Feces metab: 60	Urine metab: ~90% Unchanged: <10
Time to peak concentration (min)	SQ: 12 (5-20) Nasal: 60-90 PO: 60-120	PO: 120-240 Nasal: 180-240	PO: 60-180	PO: 60-90	PO: 60-240 SC: <30	120-240	60-90
Onset (min)	SQ: <10 Nasal: <15 PO: <30	PO: 60	PO: 60-180	PO: 30-120	PO: 60-120 SC: 60-120	PO: 120	PO: <60
Dosage range (mg)	SQ: 6 Nasal: 5-20 PO: 25-100 Max PO: 200/24 h Duration PO: 2-4 h	PO: 1.25-5.00 Max PO: 10/24 h	PO: 1.0-2.5 Max PO: 5/24 h Duration PO: <24 h	PO: 5-10 Max PO: 25/24 h Duration PO: 14-16 h	6.25-12.5 Max PO: 25/24 h	PO: 2.5-5.0 Max PO: 7.5/24 h Duration PO: <24 h	PO: 20-40 Max PO: 80/24 h Duration PO: 18 h

^aChemical Abstracts, American Chemical Society, calculated using Advanced Chemistry Development (ACD/Labs) Software V8.14 for Solaris (1994-2006 ACD/Labs).

^bFirst-pass metabolism.

^cDelayed by food.

^dSlower onset during migraine attack.

5-HT₂ agonisti

Klasični halucinogeni – t.i. “psihedelični” učinek

Slovenski Medicinski e-Slovar:

- psihedéličen -čna -o zavest razširjajoč, razgaljajoč duševnost; prim.
- razširjenje zavesti:
- ~a droga

Spremembe zavesti brez znatnih toksikomanogenih učinkov

Učinek posledica primarno agonizma na 5-HT_{2A}

5-HT₂ agonisti

Albert Hofmann, Sandoz, Basel – po sintezi pomotoma apliciral LSD:

“... affected by a remarkable restlessness, combined with a slight dizziness. At home I lay down and sank into a not unpleasant intoxicated[-]like condition, characterized by an extremely stimulated imagination. In a dreamlike state, with eyes closed (I found the daylight to be unpleasantly glaring), I perceived an uninterrupted stream of fantastic pictures, extraordinary shapes with intense, kaleidoscopic play of colors. After some two hours this condition faded away.”

5-HT₂ agonisti

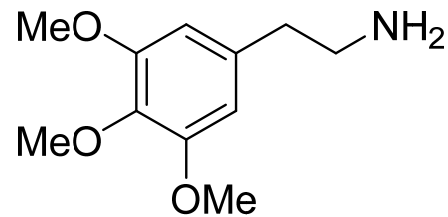
Albert Hofmann – “Kolesarski dan” ali prvi zavestni “trip” po zaužitju 250 mg LSD

"On the way home, my condition began to assume threatening forms. Everything in my field of vision wavered and was distorted as if seen in a curved mirror. I also had the sensation of being unable to move from the spot. Nevertheless, my assistant later told me that we had travelled very rapidly."

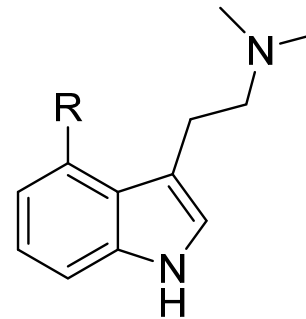
Back home, when a friendly neighbour brought round some milk, he perceived her as a "malevolent, insidious witch" wearing "a lurid mask". After six hours of highs and lows, the effects subsided.

5-HT_{2A} agonisti

Meskalin (feniletilamin), $t_{1/2} = 6\text{h}$



Triptamini: DMT (*N,N*-dimetiltriptamin), psilocibin, psilocin

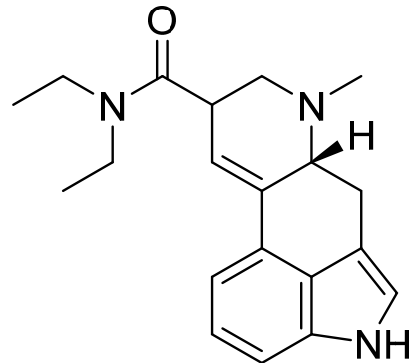


R=H - DMT

R=OPO₃H₂ - psilocibin - predzdravilo

R=OH - psilocin, $t_{1/2} = 2\text{-}3\text{h}$

LSD, $t_{1/2} \sim 4\text{h}$



5-HT_{2A} agonisti

Načeloma nenevarni, pa vendar – serotoninski sindrom

- povišan srčni utrip, drgetanje, znojenje, razširjene zenice, mioklonus (občasno tresenje ali trzanje mišic), izraziti refleksi

primer Libby Zion:

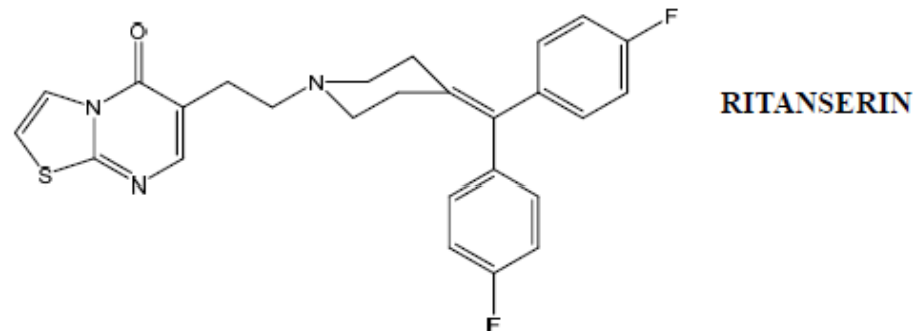
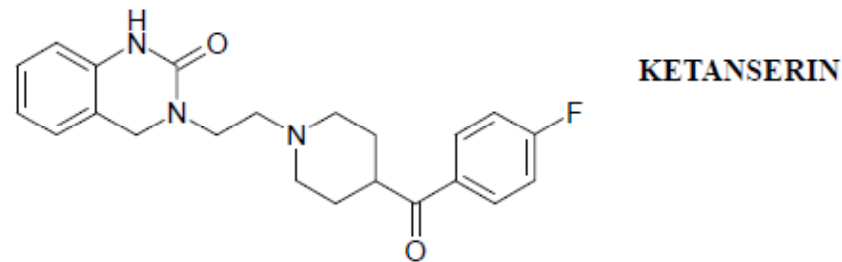
- Antidepresiv (MAOI) fenelzin
- Visoka telesna temperatura, visok krvni tlak, umrla zaradi zastoja srca

5-HT₂ antagonisti

- 5-HT_{2A} receptor
- Anksiolitično, antipsihotično delovanje
- Kronična uporaba antagonistov – regulacija navzdol 5-HT_{2A} receptorjev
- 5-HT_{2A} receptorji na srčni mišici

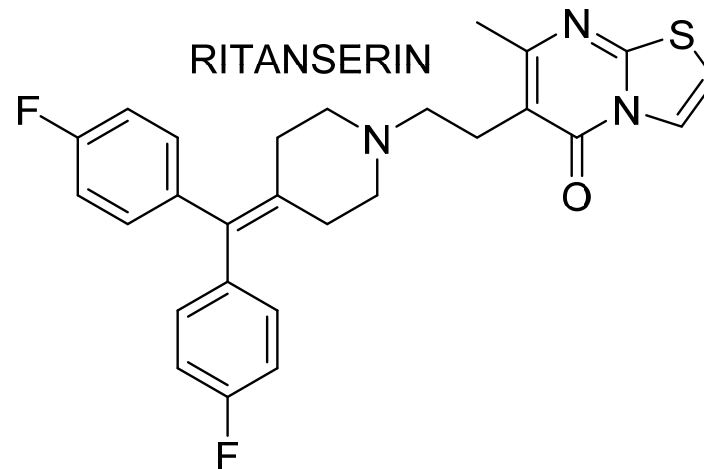
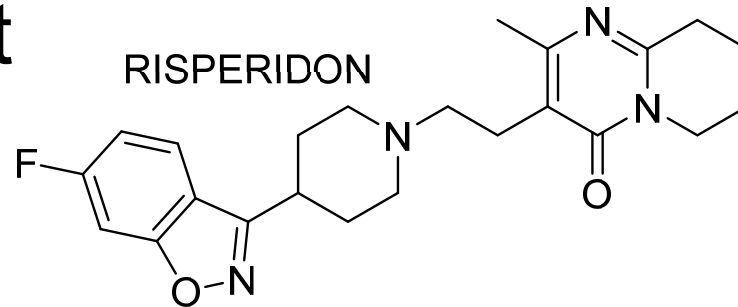
5-HT₂ antagonisti

- 5-HT_{2A} antagonisti – antidepresivi, antihipertenzivi (α -adrenergični antagonisti), delovanje tudi na H₁ receptorje
- Delujejo na vse 5-HT₂ – slaba selektivnost



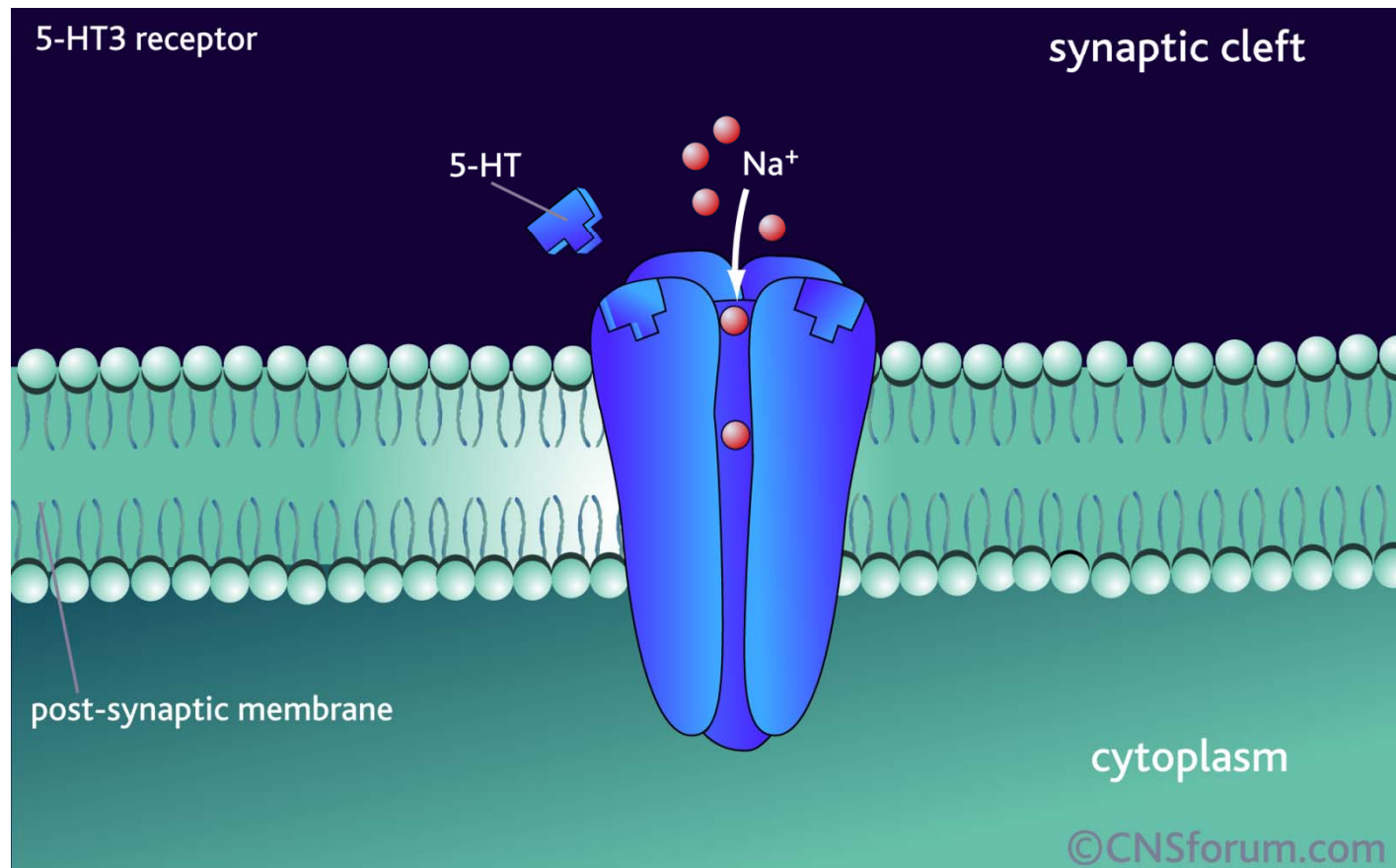
5-HT₂ antagonisti

- Ritanserin – risperidon: 5-HT₂/D₂ selektivnost



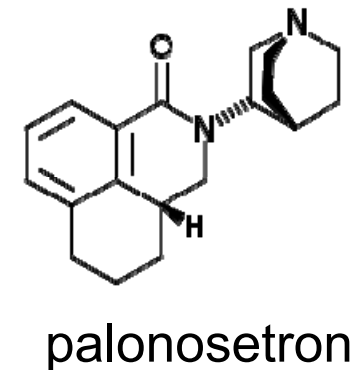
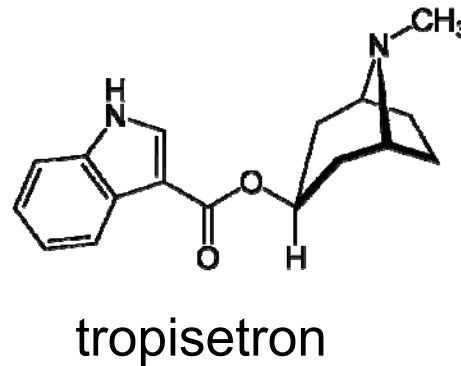
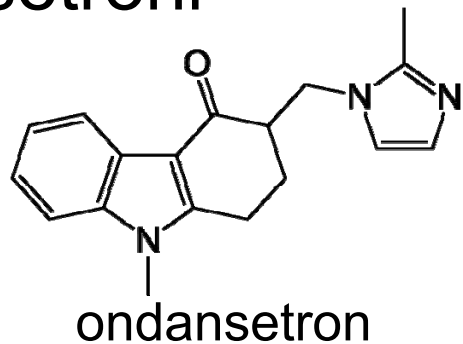
5-HT₃ antagonisti

- 5-HT₃ receptorji – ionofori (Na⁺, Ca²⁺, K⁺)



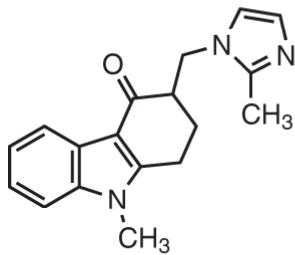
5-HT₃ antagonisti

- 5-HT₃ receptorji – vagus, CŽS – vagus vzdraži enterokromafine celice v GIT
- Antiemetiki, koterapija s citostatiki
- setroni

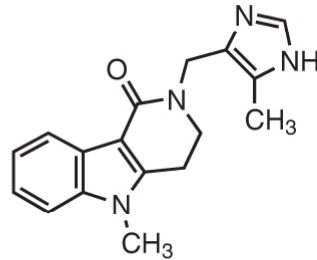


5-HT₃ antagonisti

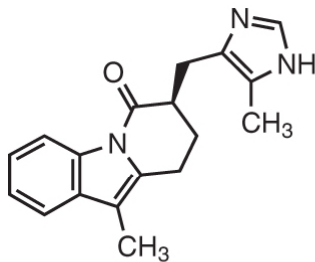
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Ondansetron

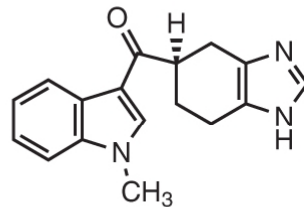


Alosetron

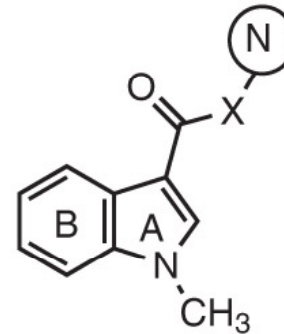


Fabesetron

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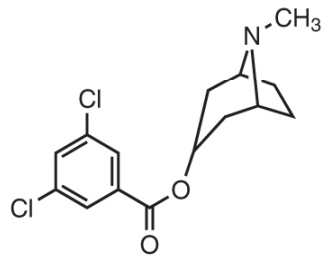
Ramosetron



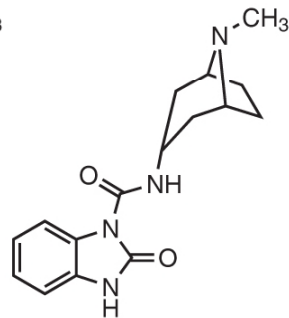
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5-HT₃ antagonisti

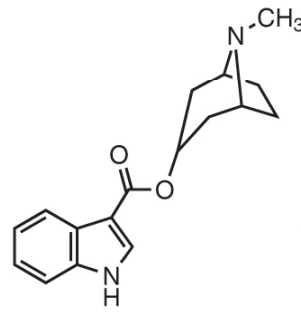
- setroni



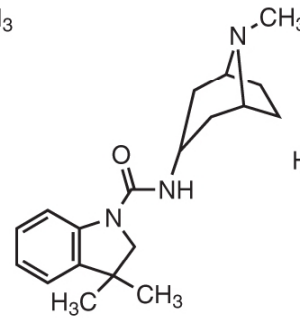
Bemesetron



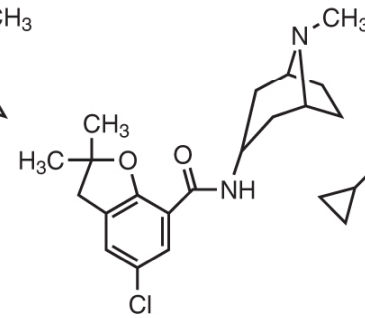
Itasetron



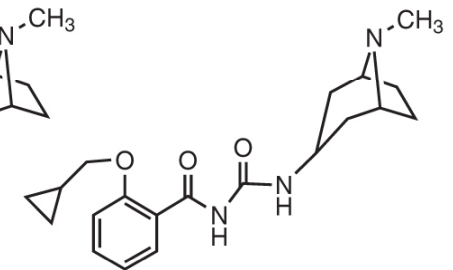
Tropisetron



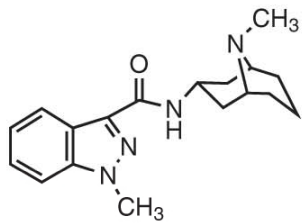
Ricasetron



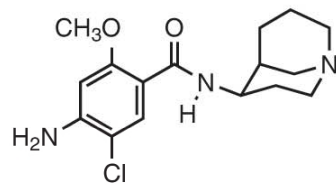
Zatosetron



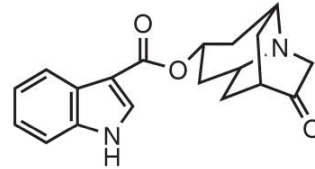
WAY-100289



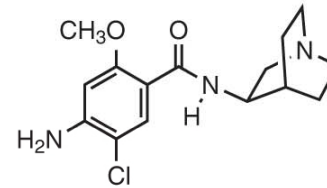
Granisetron



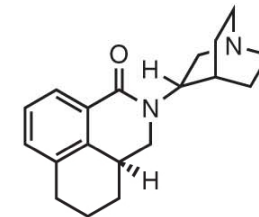
Renzapride



Dolasetron



Zacopride



Palonosetron

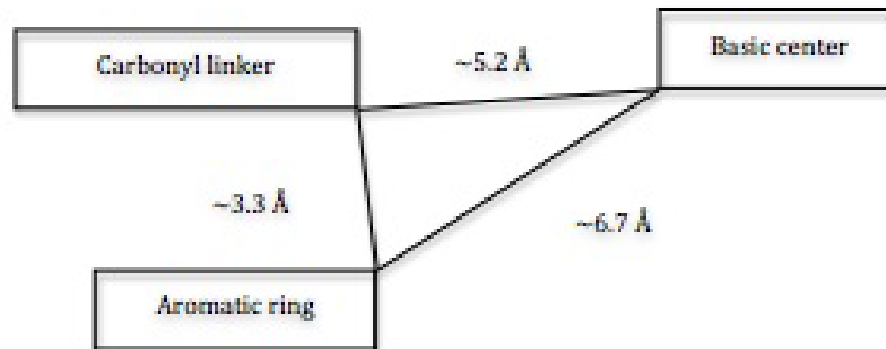
5-HT₃ antagonisti

- FK lastnosti 5-HT₃ antagonistov

Parameters	Ondansetron	Dolasetron	Granisetron	Alosetron	Palonosetron	Tropisetron
Trade name	Zofran	Anzemet	Kytril	Loironex	Aloxi	Navoban
CLogP (calc) ^a	2.1 ± 0.5	2.8 ± 0.5	1.5 ± 0.5	0.88 ± 0.8	2.6 ± 0.5	3.6 ± 0.3
LogD (pH 7) (calc) ^a	1.5	2.8	-1.5	0.4	0.01	0.8
Bioavailability (%)	56–70 ^d	Hydrodolasetron: 60–80 60 ^d	60 ^d	50–60 ^{bc}	IV	60 (60–100)
Protein binding (%)	70–76	Hydrodolasetron: 70–80	65	82	62	71
Volume of distribution (L/kg)	PO: 2.2–2.5	Hydrodolasetron: PO: 5.8–10 PO: 6–7	PO: 3.9	PO: 70 (65–95)	IV: 6.8–12.5	IV: 500
Elimination half-life (h)	PO: 3–6 Elderly: PO: 11	PO: <10 min Hydrodolasetron: PO: 4–9	IV: 4–5 PO: -6	PO: 1.5–2.0	PO: 30–40	EM: PO: 6–8 PM: PO: 30
Major metabolites (%)	Hydroxylation Glucuronidation Hepatic	Hydrodolasetron Hydroxylation N-Demethyl	N-Demethyl Hepatic	6-Hydroxylation N-Demethyl	N-oxide 6S-Hydroxy Hepatic: 50%	Hydrolyzation Glucuronides
Metabolizing enzyme (%)	CYP3A4 CYP2D6	Carbonyl reductase CYP2D6 CYP3A4 (N-oxide)	CYP3A4	CYP2C9: 30 CYP3A4: 20 CYP1A2: 10	CYP2D6 CYP3A4 CYP1A2	CYP2D6
Time to peak plasma concentration (h)	PO: 1–2	Hydrodolasetron IV: <0.5 Hydrodolasetron PO: <1	PO: 2–3	PO: 0.5–2	IV: 30 s	EM: PO: 3 PM: PO: 4
Excretion (%)	Urine metab: 40–60 Feces metab: 25 Unchanged: <10	Urine metab: 45 Feces: 30 Unchanged hydrodolasetron: 60	Urine metab: 48 Feces metab: 38 Unchanged: <10	Urine metab: 70 Feces metab: 25 Unchanged: <10	Urine metab: 80 Unchanged: 40	Urine metab: -70 Feces metab: -15 Unchanged: <10
Duration (h)	—	—	8–24	1–10	>24	—

5-HT₃ antagonisti

- SAR 5-HT₃ antagonistov



5-HT₃ antagonisti

Potencial 5-HT₃ antagonistov:

- Anksiolitiki
- Zloraba mamil
- Avtizem
- Bipolarna motnja
- Depresija
- Prebavne motnje

Literatura predavanj

Foye's Principles of Medicinal Chemistry, 6.
izdaja:

- 14., 21. poglavje